

## NORDLYS LASER BY CANDELA

A Unique Laser and Light device from Candela with narrowband technology, treats in-demand Aesthetic Treatments. Skin rejuvenation, pigmented lesions, sun-damaged skin, textural irregularities, Rosacea, facial veins, active acne, and hair removal.

## HAIR REMOVAL

Approximately 6-8 sessions are needed per area.

### Women

Laser HR Abdomen	R1250
Laser HR Chin	R350
Laser HR Ears	R300
Laser HR Umbilicus	R400
Laser HR Bikini Brazilian	R790
Laser HR Bikini Hollywood	R990
Laser HR Bikini Standard	R590
Laser HR Buttocks - Female	R1250
Laser HR Face Full	R900
Laser Cheeks/forehead	R450
Laser HR Feet	R350
Laser Half Arm	R1100
Laser Full Arm	R1650
Laser Top Leg & Knee (from)	R1650
Laser Half Leg (incl knee)(from)	R1650
Laser HR Full Legs (from)	R2800
Laser HR Hands	R400
Laser HR Knuckles	R350
Laser Buttocks	R1250

### Laser Hair Removal Special:

Hollywood & Underarm removal 45min	R1200
------------------------------------	-------

### Men

Laser HR Full Arm	R2850
Laser HR Half Arm	R2100
Laser HR Neck Front & Back	R1000
Laser HR Nose	R200
Laser HR Shoulders & Full back	R2950
Laser HR Shoulders & Half back	R2000
Laser Half leg and Knee	R2250
Laser Full leg	R3250
Laser Beard Thin	R700
Laser Beard Thick	R1000
Laser Beard and Neck	R1550
Laser Mustache	R450
Laser Underarms	R550
Laser Chest	R1400

## PHOTOAGING (PIGMENTATION & POIKILODERMA)

Laser Arms	R3550
Laser Half Arm	R2150
Laser Cheeks	R1100
Laser Chest	R2350
Laser Face	R2350
Laser Face & Neck	R2850
Laser Face, Neck and Chest	R3800
Laser Neck and Chest	R3500
Laser Forehead	R500
Laser Hands	R850
Laser Neck	R1200
Laser Upper back	R1900
Sunspots(1-4)	R350

## VEINS & VASCULAR CONDITIONS

Rosacea (1-3 sessions needed)	R1650
Veins (Nose) (1-3 sessions needed)	R650

## FRAX 1550

Nonablative fractional treatment for skin resurfacing. 2 - 4 sessions are needed to achieve desired results.

Frax Full Face	R3000
Frax Lip/eye/frown	R1100
Frax Full mouth & Chin	R1350
Frax Lower face/forehead/cheeks	R1600
Frax Face & Neck	R4500
Frax Neck and Chest	R4500
Frax Face, Neck & Chest	R6000
Scars and Stretch Marks from	R1250

## LIGHT & BRIGHT

Signature illuminating skin Treatment. This is a unique Aesthetic treatment that uses two complementary advanced technologies found on the Nordlys system that can remove dark spots, reduce redness, and address irregularities via skin resurfacing.

L & B Full face	R4600
L & B Full Face & Neck	R6000
L & B Full face, Neck & chest	R7500

## ABLASE PLASMA

Ablase Plasma is a nonsurgical cosmetic procedure that uses plasma technology to shrink, tighten & eliminate loose & excess skin (Results last 3-5 years) Plasma Aesthetic solutions are suitable for: Skin tightening (Upper eye lid, crows feet, under eye, upper lip, frown lines, and full face lift) Benign mole removal, brown or age spot removal, skin - tag removal, scar attenuation, permanent makeup removal, tattoo removal, benign skin lesion removal.

Moles / skin tags (5mins)	R300
Soft Surgery (15mins)	R500
Bottom Eyelid (30min)	R1500
Mouth Area (45min)	R1700
Upper Eye Lid / Crowfeet (60min)	R2000
Upper Lip (20min)	R1250
Nasal Labia Lolds (30min)	R1500
Forehead Lines (45min)	R1700
Ear Fold and Jawline (60min)	R1700
Under Chin (30min)	R1500
Full Neck	R2500

## BIO RE-PEEL

An innovative, biophasic 35% TCA treatment peel, with bio stimulating, revitalising and peel action. Safe for all skin types with little to no downtime.

Bio Re-peel Express	R1000
Bio Re-peel Deluxe	R1650
Bio Re-peel & Dermastamp	R1999

## MELINE DEPIGMENTATION SYSTEM POR

Meline peel targets hyper-pigmentation, fine lines and wrinkles, acne and acne scarring. The MELINE process includes preparation and peel, followed by specific homecare designed to control pigmentation, decrease melanin production, promote skin renewal, improve sun damage and even out skin tone.

(Per peel) R2000

## GIFT VOUCHERS AVAILABLE ON REQUEST. FRAICHE LOYALTY REWARD SYSTEM GENTS WELCOME

All prices and information are subject to revision without prior notice



AESTHETIC CLINIC & SPA

Tel: +27 87 354 9026 • WhatsApp: +27 71 248 2033  
Website: www.fraiche.com • E-mail: fraiche03@gmail.com  
Address: Block C, Upper Level, Unit 201, Izulu Office Park, Rey's Place, Ballito

**Trading Hours:** Tuesday to Friday 8am to 5pm | Saturday 8am to 4pm



## VENUS FREEZE - FOR FACE AND BODY

Venus freeze is a device that combines Radio frequency and magnetic pulse technology to heat the skin from the inside out. This technology targets wrinkles, overall skin tightening and reduces the appearance of cellulite.

Full Face	R600 per session
Cheeks	R300 per session

## CELLULITE VENUS FREEZE TREATMENT

The Venus Freeze large diamond polar applicator uses radio frequency and magnetic pulse energy to stimulate collagen and elastin production and increase lymphatic drainage to help smooth out the dimpling effect caused by cellulite.

**R600 per session - 60min | Buy a package of 5 x Venus Freeze sessions & GET 6th FREE! Package price: R3000 – save R600!**

## MICRONEEDLING / COLLAGEN INDUCTION THERAPY

Micro-needling is a procedure used to stimulate cellular renewal in the skin which increases the production of collagen and elastin. Micro-needling is also used in the treatment of scar repair, stretchmarks, reduction in pore size, reduces pigmentation, and overall rejuvenation of the skin.

Face per treatment	75min	R1440
Face, neck per session	90min	R1620
Face, Neck & Chest	90min	R1950
Medical stamp		R299

## ANTEAGE MD GROWTH FACTOR MICRONEEDLING

Leaders in stem cell Human Growth factor Technology, Anteaage growth factors replicate our body's natural stem cel bio-signals enhancing skin response to Aesthetic treatments. Benefits include: reduces fine line and wrinkles, Tightens loose sagging skin, Improves Acne scarring and Stretch marks.  
Per session 75min R2100

## MELAN TRANEX DEPIGMENTATION SKIN TREATMENT

This is a effective multidimensional approach to treating hormonal pigmentation with no downtime or peeling. The Skin treatment consists of the application of the Melan Tran3x depigmentation chemical peel followed by superficial Microneedling with a Mesoesthetic depigmentation medical ampoule.

5 treatments is recommended every 2 weeks, in conjunction with a Melan Tranex Homecare kit.

Per session 60min R1750

## FIRE & ICE

Award winning Botanical resurfacing & brightening skin treatment designed to resurface the skin with little to no downtime. Pregnant and Breastfeeding safe. R920

## PERIOPULAR EYE TREATMENT (PACKAGE OF 4)

Specialized anti- ageing treatment for the eye area. Treatment Consists of a medical grade peel and microneedling with actives to reduces pigmentation, dark circles, wrinkles and overall loss of volume under the eye area.

Per session 60min R790

## MALE GROOMING

Men's skin treatment 60min R630  
Men's spa manicure 60min R300  
Men's express pedicure 30min R190  
Men's spa pedicure 60min R300

## MEN'S WAXING

Full back 45min R290  
Half back 30min R260  
Full leg 60min R330  
Half leg 45min R280  
Chest wax 45min R290

## SKIN TREATMENTS

### FACE MAPPING

Consists of a zone-by-zone analysis for the most targeted skin care and best results 45min R300

### DERMALOGICA

Teen Skin Treatment 45min R490  
Standard Skin Treatment 60min R630  
Advanced Anti-Ageing Skin Treatment 75/90min (Includes contour masque) R895  
Men's Facial 60min R690

## MESOESTETIC

### MESOPEEL PROFESSIONAL PEELS

Mesopeel Jessner Pro (global anti ageing action: loss of Luminosity, wrinkles and flaccidity) R860  
Blemiskin Pro (oily and acne prone skin: excess sebum, dilated pores) R860  
Mesopeel Melanostop Tranex Pro Depigmentation action: improvement of hyperpigmentation, Lentigos, ephelides & photoageing. R860

### MESOPEEL MD PEELS

Mesopeel MD Melanoplus – for melanic spots, lentigos and hyperpigmentation 45min R1210

Mesopeel MD Azelan (Diffuse redness, couperose and Rosacea) R999  
Mesopeel MD Melanostop Tranex (Hyperpigmentation, PIH, lentigo and freckles) R999  
Mesopeel MD retiflash Lack of luminosity and signs of fatigue) R999  
Mesopeel MD Oxyage (imperfections, texture, tone & pores) R1310  
Blemiskin MD (Professional intense treatment for stage 2-4 Acne) R999

Cosmelan Advanced Depigmentation Peel for treatment of Melasma & sun damage 70min P.O.R  
- post care products included P.O.R

Mesoelcat anti-ageing solution - Professional treatment for antiageing rejuvenates skin, neutralizes free radicals and overall brightens the skin. Increases skin Luminosity and allowing better moisture absorption and skin elasticity. R1500

## BODY TREATMENTS

### MASSAGES

#### LILLIAN TERRY

Body Exfoliation 30min R300  
Therapeutic Homeopathic Massage 30min R370  
45min R520  
60min R630  
90min R790  
Pregnancy Massage 60min R670  
Signature Body Treatment - includes: Aromatherapy Exfoliation, Aromatherapy Body Masque 130min R990  
Reflexology 45min R400

### WAXING, THREADING & TINTING

Brow / Lip / Chin 15min R75  
Arm – Half 15min R160  
Arm – Full 30min R220  
Underarm 15min R105  
Leg – ¾ 45min R230  
Full leg - 60min R290  
Bikini – Normal 60min R190  
Bikini – Brazilian 20min R260  
Bikini – Hollywood 40min R320  
Full Face 60min R250  
Eyebrow Tint 30min R80  
Eyelash Tint 15min R99  
Lip & Brow wax combo 20min R140  
Sugaring 15min R99

**Brow Lamination** 30min R250

Brow Lamination consists of a perm like treatment performed on the eyebrows to manipulate the hairs into a specific semi permanent shape. **Results last 5 weeks.**

**Dermaplaning** 60min R590

Dermaplaning is a cosmetic procedure that uses an exfoliating blade to skim dead skin cells and hair from the face. It's aim is to make the skin's surface more smooth, youthful and radiant as well as remove unwanted "peach fuzz hair" from the skin. Treatment includes express facial, rubberized mask and serum.

**Express Dermaplaning** 30min R300

LVL (Length, Volume & Lift) Lash Lift 45min R550  
A lash lifting treatment which enhances your natural lashes.

## MANICURES (10min from R10 per nail)

Express Manicure	30min	R190
Spa Manicure with Polish	60min	R330
Spa Manicure with Gel	90min	R400
Gel Overlay (includes soak off)	60min	R320
Acrylic Full Set Colour	90min	R530
Acrylic Full Set French	90min	R530
Acrylic Full Set Natural	90min	R510
Acrylic Overlay Colour	60min	R450
Acrylic Overlay French	60min	R480
Acrylic Overlay Natural	60min	R450
Acrylic Fill	60min	R340
Acrylic French Fill	60min	R370
Acrylic Soak Off	60min	R100
Cover Gel / New Set	60min	R380
Cover Gel / Fill	60min	R320
Acrylic Repair	15min	R50
Gel Soak off	15min	R60

## PEDICURES

Express Pedicure	40min	R220
Spa Pedicure	60min	R360
Spa Pedicure with gel	60min	R450
Gel Overlay	40min	R320
Mediheel Medical Foot Peel & Pedicure	60min	R440
Mediheel Medical Foot Peel & Gel Overlay	90min	R530

## SPA PACKAGES

Choose one of our 3-hour Spa Packages and enjoy a day filled with pampering in our tranquil setting. We promise it will leave you feeling refreshed, relaxed and renewed.

### PACKAGE 1

**Duration: 3 hours | Package Price R1460**

This half-day packages includes the following treatments:  
Dermalogica Skin Treatment 60min  
Spa Pedicure 60min  
Relaxing Aromatherapy Massage 60min

### PACKAGE 2

**Duration: 3 hours | Price Package R1190**

This half-day package includes the following treatments:  
Spa Manicure 60min  
Spa Pedicure 60min  
Relaxing Aromatherapy massage 60min

### PACKAGE 3

**Duration: 4 hours | Package Price R1750**

This half-day packages includes the following treatments:

Dermalogica Skin Treatment	60min
Spa Pedicure	60min
Relaxing Aromatherapy Massage	60min
Spa Manicure	

## LARGE BOOKING & SPA PACKAGES DEPOSITS - TERMS & CONDITIONS

To ensure smooth arrangements for larger bookings and to secure your desired dates, we kindly inform you that all reservations exceeding **R1500** or more will require a **50% deposit upon booking confirmation.**